

Frequently asked questions

Q. Is a cystoscopy with Botox® injections painful?

A. You may have mild discomfort and feel like you have to urinate during the procedure.

Q. What are the chances of getting an infection from this procedure?

A. There is a small chance of infection from a cystoscopy with Botox®. If you feel burning or bladder pain for more than 48 hours after your procedure, contact your doctor.

Q. How long after my cystoscopy with Botox® will I follow up with my doctor?

A. Your doctor will tell you when you need to come in for a follow up appointment.

Q. How soon after receiving Botox® can I have more injections?

A. You must wait at least 3 months between treatments.

Q. What if I have my period on the day of my procedure?

A. A cystoscopy can be performed if a female is on her period. However, if you do not feel comfortable having the procedure you can contact your doctor's office to reschedule.

Notes



Cystoscopy with Botox®

What is a cystoscopy with Botox® injection?

A **cystoscopy** is a common procedure that is used to visually inspect the bladder and urethra using a cystoscope.

A cystoscope is a tool that works like a camera to look into your bladder.

Your doctor will insert the Botox® injections through the cystoscope, into multiple parts of your bladder.

Preparing for your cystoscopy with Botox®

- You will be scheduled for a **pre-operative appointment 2 weeks before** your surgery to clear you for anesthesia.
- We will put in an order for you to get a **urine culture** prior to your pre-operative appointment. Please have this done at any Partners lab.
- **After midnight on the night before surgery, you may not eat any solid foods**, including candy, chewing gum, cough drops or mints.
- After midnight on the night before surgery, you can **drink clear liquids only**. Examples include water, black coffee, clear tea, apple juice, cranberry juice, and sports drinks. You cannot put milk in your coffee or tea, drink juices that contain pulp, or have any type of broths.
- If your doctor told you to take your **medications** on the day of surgery, you may take them with a small sip of water.
- **Consult your doctor about your medications.** You should stop all blood-thinning medications **7 days before** the procedure unless instructed otherwise by your doctor



What to expect

The doctor will use a numbing jelly before entering the cystoscope. This will decrease discomfort when the cystoscope is inserted into the urethra.

You may have mild discomfort when the cystoscope is inserted. You may feel like you have to urinate. However, in most cases, the exam does not cause discomfort.

The entire appointment should take about 1 hour:

- 30 minutes of preparation and injections
- 30 minutes of evaluation afterwards

You may notice your bladder symptoms getting better in as soon as 2 weeks. Results can last for up to 6 months.

Results of the Botox® include:

- Reducing urine leakage
- Allowing your body to store more urine
- Decreasing the pressure in your bladder

After your cystoscopy with Botox®

It is normal to experience a little discomfort while urinating and you may see a small amount of blood in your urine 1-2 days after the procedure.

There is a small chance of infection following the procedure.

In some instances, patients may not be able to fully empty their bladder after receiving Botox® injections. Because of this, you need to be willing to self-catheter temporarily in case this issue arises.

Symptoms

These symptoms are **normal for 48 hours after** your procedure:

- Small amount of blood in urine
- Burning

These symptoms are **abnormal**—please call the Urology clinic if you have any of the following symptoms:

- Severe burning that lasts for more than 48 hours
- Blood in urine increases or does not resolve within 2 days
- Fever of 101° F or higher
- Increasing blood or clots in your urine (dark red clots the size of a quarter or larger)
- Fever above 101° F and/or chills

