



HARVARD MEDICAL
SCHOOL



PREPARATION FOR SURGERY

MINI PREP

MR#: _____ Date of surgery: _____ Surgeon: _____

Location: _____ Brigham and Women's _____ Faulkner Hospital _____ Foxboro

Medications: Consult your doctor about your medication use
prior to your surgery, including aspirin.

DAY BEFORE SURGERY

_____ **On the entire day prior to your surgery**, you may have clear liquids only. This includes only water, apple juice, ginger ale, black tea, black coffee, bouillon, broth, gelatin (Jell-O, not red) and popsicles (not red.)

_____ Take 2 Dulcolax tablets prior to bedtime.

_____ Drink one (1) bottle of Magnesium Citrate at 4:00 pm.

DAY OF SURGERY

You may have nothing to eat or drink after 12 midnight.

Take 2 fleet enemas. Take the first enema as close as possible to 2 ½ hours prior to your procedure and the second enema approximately 30-60 minutes later. If your surgery is scheduled for early morning, you may take both enemas at once (one following the other).

*The above items may be purchased at your local pharmacy without a prescription.

**If you have any questions regarding these instructions, please call
Dr. Bleday, Dr. Breen, Dr. Goldberg or Dr. Irani's office at (617) 732-8460.**