

Resource Guide

Please use this as a reference to help find services or programs that may be helpful to you.

- **Adult Survivorship Program**

- Help with managing long term and late effects of cancer treatment
- Women's exercise class
- Support groups
- Sexual health program
- 617-632-4523
- www.dana-farber.org/survivor

- **Family Connections**

- Resources for parents with cancer and their children
- 617-632-2605
- www.dana-farber.org/familyconnections

- **Financial Services**

- Questions about your insurance or paying for your care
- 617-632-3455 (option 1)
- www.dana-farber.org/financial

- **Friend's Place**

- Visit Friend's Place on Yawkey 1 to find scarves, hats, wigs, breast prosthesis and more.
- 617-632-2211
- www.dana-farber.org/friendsplace

- **Nutrition Guidance**

- A registered dietician can help you make healthy choices and follow a balanced diet
- Dana-Farber: 617-632-3006
- Faulkner Campus: 617-983-7500
- www.dana-farber.org/nutrition

- **One to One**

- Speak on the phone to an individual who has faced a similar diagnosis and treatment plan
- 617-632-4020
- www.dana-farber.org/onetoone

- **Physical Therapy**

- If you and your provider decide that you would benefit from physical therapy, we have physical therapists who specialize in care for breast cancer patients.
- Faulkner Campus: 617-983-7271
- BWH campus: 617-732-5304
- www.brighamandwomens.org/surgery/breast-surgery/rehabilitation-after-breast-surgery

- **Psychiatrists and Psychologists**

- These services can help you cope with the challenge of a cancer diagnosis.
- Available with a referral
- 617-632-6181
- www.dana-farber.org/psychosocial

- **Social Workers**

- There is a team of clinical social workers who work alongside your medical team to provide professional counseling, consultation and advocacy for you and your family.
- Available upon request
- 617-632-3301

- **SoulMates Program**

- Connect in person to a breast cancer survivors who faced a similar diagnosis and treatment at Dana-Farber.
- 617-632-6501
- www.dana-farber.org/soulmates

- **Young and Strong Program**

- For patients 44 years old and younger. Includes specialized resources, support groups, guidance and opportunities to connect with other young adults.
- 617-632-3916
- www.dana-farber.org/YoungWomenBreastCancer

- **Zakim Center for Integrative Therapies**

- Exercise classes
- Meditation, Acupuncture and Reiki
- Massage Therapy
- 617-632-3006
- www.dana-farber.org/zakim