



## Locations

For your convenience the physicians at Brigham and Women's Urogynecology Group provide care at multiple locations in the Boston area.

To schedule an appointment at any of our locations, please call (617) 732-4838.

- **Brigham and Women's Hospital (main site)**  
500 Brookline Avenue, Suite E  
Boston, MA 02115  
Located down the street from Brigham and Women's Hospital, at the corner of Francis Street and Brookline Avenue.
- **Brigham and Women's Faulkner Hospital (surgery only)**  
1153 Centre Street  
Jamaica Plain, MA 02130  
Situated on Route 1, at the intersection of Centre Street and Allendale Road.
- **Brigham and Women's/Mass General Health Care Center**  
20 Patriot Place  
Foxborough, MA  
Located off Route 1, approximately three miles from I-93/I-95.
- **Newton-Wellesley Hospital**  
2014 Washington Street  
Newton, MA 02462  
Located at 2014 Washington Street, near the intersection of Routes 16 and 128.
- **South Shore Hospital – Satellite Location**  
1032 Main Street  
South Weymouth, MA 02190  
Located on Route 18 (Main Street) one-half mile from South Shore Hospital.

[brighamandwomens.org/urogynecology](http://brighamandwomens.org/urogynecology)



BRIGHAM AND  
WOMEN'S HOSPITAL

75 Francis Street  
Boston, MA 02115  
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## Brigham and Women's Urogynecology Group



Brigham and Women's Hospital ranked a top hospital in the U.S. for GYNECOLOGY



HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL



## BRIGHAM AND WOMEN'S HOSPITAL

### Brigham and Women's Urogynecology Group

Urinary incontinence affects 30 to 50 percent of all women. Many women may be too embarrassed to seek help or believe nothing can be done. Yet many effective treatments are available. At Brigham and Women's Urogynecology Group we specialize in treating this common yet sensitive condition.

We also provide specialized care for women with the following conditions:

- Pelvic organ prolapse;
- Overactive bladder – frequent or sudden urges to urinate;
- Interstitial cystitis or bladder pain syndromes – pain related to the bladder;
- Urogynecologic fistula – an abnormal connection between the vagina and the bladder or rectum;
- Post-surgical complications.



#### What is a Urogynecologist?

Urogynecologists receive specialized training in the treatment of conditions that affect the female pelvic organs, and the muscles and connective tissue that support these organs. Our urogynecologists have completed medical school and a residency in Obstetrics and Gynecology followed by subspecialty training in Female Pelvic Medicine and Reconstructive Surgery. Urogynecologists provide care for women with incontinence and pelvic organ prolapse, as well as other pelvic floor conditions.

#### Facts about Urinary Incontinence

Loss of bladder control, also known as urinary incontinence, is a common problem that is seldom discussed but affects the daily activities and lifestyles of women at all ages. Women suffering from urinary incontinence may experience urine leakage when coughing, sneezing, or lifting. Incontinence may be caused by many factors, including childbirth, aging, obesity, infection, and athletic or heavy activities. Urinary incontinence can significantly impact a woman's quality-of-life resulting in embarrassment, discomfort, interference with marital and sexual life, and depression.

#### Facts about Pelvic Organ Prolapse

Pelvic organ prolapse is a common condition affecting women. It involves dropping of the bladder, rectum, uterus, or small intestine into the vagina. Prolapse presents with a variety of symptoms such as a bulge that can be seen or felt in the vaginal area, pelvic pressure, low back pain and difficulty emptying the bladder or bowels.

#### Diagnosis

Evaluation for one of these conditions includes a complete history, physical exam, and any tests determined to be appropriate based on the initial evaluation. Much of the office testing is simple, straightforward, and comfortable. A treatment plan is often started at the time of the first visit except in uncommon cases where further evaluation is necessary.

To schedule a consultation and discuss treatment options that may be right for you, please call (617) 732-4838.

#### Treatment Options

Individual treatment options will be determined based on the specific condition and needs. Both surgical and non-surgical options for treatment include:

- Exercise
- Dietary/behavioral modification
- Medication
- Pelvic floor physical therapy
- Pelvic support devices (pessaries)
- In-office procedures
- Minimally invasive surgery (vaginal, laparoscopic, or robotic)

#### Expertise and Experience

Brigham and Women's Hospital is consistently ranked a top hospital in gynecology by *U.S. News & World Report*®. Brigham and Women's Urogynecology Group is a part of this leading comprehensive OB/GYN program.

Our urogynecologists have many years of combined experience in urogynecology and have received advanced training in Female Pelvic Medicine and Reconstructive Surgery. They also are supported by a team of physician assistants, nurses, and medical assistants.

#### Medical Staff



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