

Lifton Lab Shipping Instructions

****We cannot accept samples that are known to be HIV and/or Hepatitis positive****

NOTE: Before sending a specimen, please contact Erin Loring to receive a current consent form and Lifton Lab Intake Sheet that are necessary to process samples. Also, we no longer have a FedEx account number --- Contact Erin for a prepaid FedEx shipping label that can be emailed/faxed to you in advance via Eship global.

For **BLOOD**- PLEASE draw:

- 2 yellow top [ACD solution A] tubes per adult subject.
- 1 or 2 ACD-A tubes per child subject –we can work with as little as 3ml, but more is better.

Write the subject's name and date of birth on each tube.

Invert the tubes to insure mixing.

Do not centrifuge the sample[s].

Do not freeze the sample[s].

Keep the sample[s] at cool room temperature or refrigerate.

Ship at room temperature.

(IF you are sending extracted **DNA** instead of a blood sample –We require a minimum of 2ug of DNA. The concentration should be at least 70 ng/ul in TE.)

For each subject:

Send a completed Lifton Lab Intake sheet and if available, relevant medical records including biochemistry profile and clinic notes AND a signed consent form (or a parental permission form for a child) – please make a copy for the patient.

Our receiving department is NOT open on weekends or holidays, so plan accordingly-- please do not send samples on Fridays or before a holiday. Samples can be kept at cool room temperature or refrigerated for days in order to accommodate shipping schedule.

Our shipping address: Dr. Richard Lifton /Erin Loring
Yale University School of Medicine
TAC S340
1 Gilbert Street
New Haven, CT 06510
Telephone (203) 737-2861

★★★Please let me know when you are sending samples.★★★

Thank you!
Erin Loring, MS
Certified Genetic Counselor