

PATIENT INSTRUCTIONS

APPOINTMENT DATE: _____ ARRIVAL TIME: _____

Brigham and Women's
Hospital Endoscopy Center
75 Francis Street
Amory Building, 2nd Floor
Boston, MA 02115

Brigham and Women's
Outpatient Endoscopy Center
850 Boylston Street (**Route 9**)
2nd Floor, Suite 202
Chestnut Hill, MA 02467

**PLEASE NOTE
THAT THIS IS IN
CHESTNUT HILL,
NOT BOSTON**

***If you need to reschedule your appointment, please call the Endoscopy Center at 617-732-7426.
If you have any questions regarding the procedure and preparation, please call our Endoscopy Triage
Nurse at 617-525-6814.***

YOU ARE SCHEDULED FOR THE FOLLOWING PROCEDURE:

- **BREATH TEST FOR HELICOBACTER PYLORI (H. pylori)**

PLEASE READ NOW AND FOLLOW THESE INSTRUCTIONS ENTIRELY:

Two Weeks Before the Test:

- No antibiotics for two weeks. If you have taken antibiotics within 14 days of your appointment, please call to reschedule your test.
- Do not take Proton Pump Inhibitors (or their generic versions) such as Aciphex[®] (Rabeprazole), Nexium[®] (Esomeprazole), Prevacid[®] (Lansoprazole), Prilosec[®] (Omeprazole), Prilosec OTC[®] (Omeprazole), Protonix[®] (Pantoprazole), or Zegerid[®] (Omeprazole/Sodium Bicarbonate) for 2 weeks prior to the test.
- Do not take bismuth preparations such as Pepto Bismol[®] for 2 weeks prior to the test.
- **IF THIS IS A RECHECK AFTER TREATMENT,** it must be at least 8 weeks since your treatment was completed.

One Hour Before the Test:

- Do not eat or drink for 1 hour before the test.