



**Aspirin Exacerbated Respiratory Disease (AERD)/
Samter's Triad Patient Questionnaire**

Patient Name: _____ Date Of Birth: _____ Today's Date: _____

Address: _____

Occupation: _____

Telephone: Home: _____ Cell: _____ Work: _____

Name of referring physician: _____

Address of referring physician: _____

What other health care providers have you seen? (Include provider's name and specialty)

**ALL PATIENTS MUST BRING AN UP-TO-DATE AND ACCURATE LIST OF ALL MEDICATIONS
THEY ARE CURRENTLY USING OR HAVE TAKEN IN THE PAST 6 MONTHS (including dosages)**

What are the main reasons for your visit today?:

**Aspirin Exacerbated Respiratory Disease (AERD)/
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Do you have any of the following? (Please circle your replies)

- | | | | |
|----------------------|-------------------------------|-----------------|-----------------------------|
| sneezing | blocked nose
or congestion | watery nose | shortness of breath |
| wheezing | chest tightness | cough | sputum (phlegm) |
| coughing at night | severe itching | severe swelling | acid stomach /
heartburn |
| difficulty breathing | rash | chest pain | frequent fevers |

Have you been told, or do you suspect you have any of the following? (Please circle your replies)

- | | | | |
|-----------|----------------|---------------------|-----------------------------------|
| sinusitis | ear infections | nasal polyps | chronic bronchitis |
| eczema | hives | stomach reflux | allergic rhinitis /
hay fever |
| pneumonia | asthma | frequent infections | hypothyroid /
abnormal thyroid |

During which times of year are your symptoms the worst? (Please circle your replies)

- | | | | | |
|--------|--------|------|--------|------------|
| Spring | Summer | Fall | Winter | Always bad |
|--------|--------|------|--------|------------|

What things make your symptoms worse? (Please circle your replies)

- | | | |
|----------------------------------|--|--------------|
| respiratory infections / "colds" | cold air | Allergens: |
| emotions – stress | exercise | animals/pets |
| tobacco smoke / pollution | weather changes | dust |
| strong odors | alcoholic beverages | pollens |
| aspirin | medicines like ibuprofen, naproxen
("NSAIDs") | mold |

Other triggers: _____

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Does your illness lower your ability to exercise or to do any physical activity?

Do you have any other medical problems? Please describe:

What tests have been done for you?

Test

Year of testing and Results

Allergy skin prick tests

Allergy blood tests (RAST)

Chest or sinus X-Ray

Other tests

Do you have any other Allergies?

Medication allergies (other than aspirin/NSAIDs):

Food/Food additives:

Insects (Describe reactions):

Have you ever had immunotherapy?

If so, how well did it work?

Have you ever had a severe allergic reaction (anaphylaxis)?

Asthma History

Have you ever been diagnosed with asthma?

Yes No

Age at diagnosis:

Number of visits for asthma (lifetime) to emergency room:

Number of hospitalizations for asthma (lifetime):

History of "Life-threatening" attacks? Yes No

Intubated: Yes No

Number of days you have been on oral steroids (prednisone) in past year (approximate):

Nasal Polyp History

Have you ever been diagnosed with nasal polyps?

Yes No

Age at diagnosis:

If so, how many lifetime polyp surgeries have you had?

If so, how long does it usually take your polyps to grow back after surgery?

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Rash History

Do you ever get episodes of an itchy rash or hives? Yes No

If so, which medications have you tried to treat the rash or hives?

Aspirin / NSAID Reaction History

Have you ever had reactions to any of the following medications? (Please circle your replies)

Aspirin (Excedrin, Alka-Seltzer)	Ibuprofen (Motrin, Advil)	Naproxen (Aleve, Anaprox)	Ketorolac (Toradol)	Acetaminophen (Tylenol)
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How old were you when you first had a reaction to any of the above medications? _____

What happened to you when you had a reaction to these medications? (Circle all that apply):

Nasal congestion or runny nose	Eye watering or redness	Cough, wheezing, tightness in the chest	Nausea or stomach pain
Headache or face pain	Hives or rash	Flushing of the skin	Other: _____



Did you use any of the following treatments for your reactions? (Circle all that apply):

Antihistamines (Benadryl, Allegra, Zyrtec, Claritin)	Albuterol or other rescue inhaler	steroids taken by mouth	steroids taken through a vein	Epinephrine (EpiPen)
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How long was it from the time you took the medication to the start of reaction symptoms?

less than 30 minutes	30 minutes to 3 hours	more than 3 hours
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Tobacco Smoking & Alcohol History

Have you ever smoked tobacco? Yes No Date stopped: _____

Number of years smoked: _____ Approximate packs per day: _____

Have you ever lived with someone who smoked? Yes No If yes, for how long? _____

In which type of environment did you grow up? Rural Suburban City _____



Have you ever used recreational drugs (marijuana, cocaine, ecstasy, etc)? Yes No

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Do you drink alcohol: Yes No

Do you ever have any of the following when you drink alcohol (please circle):

Stuffy nose/nasal congestion Runny nose Shortness of breath Wheezing

Environmental History

What type of home do you live in? house apartment multifamily

Location of home: city suburb rural

What kind of air control and heating does the home have? (Please circle your replies):

forced hot water forced hot air humidifier room air conditioning
 wood stove dehumidifier air filter central air conditioning

What type of flooring does the bedroom have? (Please circle your replies):

hardwood floors wall-to-wall carpeting area rugs tile/linoleum

Does the home have any pets? Please list.

Does anyone smoke at home? If so, who?

Family History (Please check all that apply)

	asthma	hay fever	nasal polyps	immune deficiency	aspirin sensitivity
Mother					
Father					
Siblings					
Other					

Have you had any other serious illnesses, accidents, or hospitalizations? If so, when?

Are you pregnant or planning on getting pregnant?

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Have you ever felt unsafe in the home or been afraid of anyone? Yes No

Do you feel pain as part of your daily life? Yes No

If yes, where do you feel pain? How does the pain start? How long does it last? How would you describe it?

If yes, on a scale from 1-10, 10 being the greatest pain, which number better describes this pain?

If yes, how do you treat your pain?

Have you had any unexpected weight gain or loss in the past six months? Yes No

How do you like to learn new information? Talking with your nurse or doctor Reading

Have you fallen down within the past year? Yes No

Do you have a Health Care Proxy, Advance Directive, or Living Will? Yes No

If yes, please tell us his or her name:

The information on this form is accurate to the best of my knowledge. I understand that this form will become part of my medical record.

Patient Signature: _____ Date _____ Time _____ AM/PM

I have reviewed the above information with the patient.

Comments: _____

Reviewed by: _____ MD Signature _____ Date _____ Time _____ AM/PM