



# TELSTAR

ROXBURY TENANTS OF HARVARD PUBLICATION  
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## MESSAGE FROM THE RTH EXECUTIVE DIRECTOR



*Karen Gately*

Dear RTH Residents,

At RTH we are committed to providing safe, affordable, quality housing. However, our commitment does not stop at providing those we serve with a home. Our efforts extend to assisting you, our residents, in finding social, recreational and community services that will support and help you reach your full potential. Our success is measured in the lives we touch through our many fun events, programs and services. We recognize that each individual and family has its own definition of success - whether it is to further your education, obtain employment, get healthy, make friends or own a home - our staff team and dedicated volunteers work hard to ensure that you have the opportunity and support to achieve your goals.

As you know, the new RTH Community Center is near completion and will open this fall. It is a beautiful building that I hope will get you excited and motivated about working out, playing basketball/volleyball, taking a group exercise or spinning class, learning a new skill, getting involved and having fun with your family and neighbors. We are planning the program options now. We need your input to help us better meet your needs. Please take a few minutes and complete the enclosed survey letting us know what you would like to see in the new RTH Community Center; what the hours should be and what types of programs and services should be offered. I value your input and look forward to hearing from you - our residents, community members, collaborating partners, staff and volunteer team members. I know that it will take all of us working together to successfully build a stronger, healthier community, while providing exceptional services to all RTH residents.

**Getting healthy is an ideal goal for all of us.** I view the new RTH Community Center as an important tool in the ongoing fight against the rising levels of obesity and the many diseases that negatively affect quality of life as well as a nice, safe place to hang out with your neighbors. Improving levels of wellness has become of increasing importance in our community. I strongly encourage you to check out the new RTH Community Center. Learning how to be healthier is not only fun - it can be lifesaving.

Lastly, I would like to invite you to join me and your neighbors at one of the many upcoming community events, especially the RTH Community Center ribbon cutting ceremony.

Please let us know if there is anything we can do to help you enjoy your "RTH Experience" even more. Feel free to contact me anytime with your questions, concerns or suggestions. I look forward to working with you. **Together, we can make this an even better and healthier community!**

Sincerely,

Karen T. Gately

RTH Executive Director

617-232-4306

kgately@roxburytenants.org



Juanita Hope prepares to cast her ballot at the RTH Annual Meeting

Roxbury Tenants of Harvard  
Executive Office  
11 New Whitney Street  
Boston, MA 02115

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in."

*Marjorie Moore*

### WELCOME NEW STAFF



Jenn Phaiiah

Hello RTH Community Members! I'd like to take an opportunity to introduce myself. My name is Jenn Phaiiah, and I am the new Resident Service Coordinator working within RTH Resident Services. I am thrilled to be joining your community.

I am a graduate of Simmons College School of Social Work where I earned my Masters of Social Work along with a certification in Urban Leadership. I also hold two Massachusetts licenses, as a Social Work Clinician and School Adjustment Counselor.

I have had many wonderful work experiences over the last six years including positions within many non-profit and elementary school communities. In 2012 however, I interned as a Resident Social Services Coordinator at Bradley Properties in the South End and immediately knew that Resident Services was something that I wished to pursue further.

Though I have only been with here a few weeks, I have been overwhelmed by the warmth and generosity of the RTH community. I have gotten to meet many wonderful residents and am excited to continue doing so!

Thank you all once more for welcoming me into your community. I truly look forward to our time together.

Allow me to introduce myself. My name is Ken Yanofsky and I am the new Health and Wellness Director for the RTH Community Center. My journey that has led to joining your incredible organization began at Springfield College located in Springfield, Massachusetts. My major was Physical Education, but Adult Fitness was just becoming very popular and eventually the Exercise Science major was offered. So I was fortunate to have an educational combination of both disciplines.



Ken Yanofsky

After graduating in 1980, I worked in several private corporate fitness centers. In 1984, I incorporated under the name Kenwell Fitness Programs, Inc. My company began as a management group for a health club called the Harvard Square Athletic Club. After 4 years, I had an ownership opportunity and I opened Fitness International in One International Place. We were open for 26 years and recently I made the decision not to renew my lease. We averaged over 700 members with 25 staff. I was the club's general manager as well as owner. Members told me many times that it felt like a "family atmosphere" at the club and we were fortunate to have very knowledgeable and friendly staff, some of whom I hope to bring to the RTH Community Center.

My goals for the new community center are very extensive. I hope to involve as many people as possible of all ages and abilities. With a beautiful modern facility, a well trained, professional and motivating staff, and an open mind to various programs, the sky is the limit! We will try to take advantage of every opportunity we can find where we can promote and teach the benefits of exercise and making healthy choices in life. We have the chance to change lives in a positive manner when one person enjoys a class or loses weight or quits smoking or makes new friends...then it becomes contagious and we can accomplish great things! I hope to build on what has been working here, and add to it and then keep on adding!

I look forward to meeting all of you and thank you for welcoming me into your community!



Ruth Sands and Carol Desilva enjoy the soothing and melodic tunes of Jazz on the Levinson Plaza performed by Fulani Haynes and Michael Shea's Roxbury Jazz Collaborative



Marylynn Diaz, Alexis Wright, Nia Vaughn, Emily Rose Navarro, Ciara Marie Neal, Yazmine Navarro



In support of breast and ovarian cancer awareness, a group of teen girls, Alexis Wright, Maylynn Diaz, Emily Rose Navarro, Ciara Neal, and Nia Vaughn volunteered to come out for Boston's Dirty Girl Mud Run on Saturday, July 19.

These girls took on the challenge of a 5K run by racing through mud and tackling messy obstacle courses. This all-women-only event not only supported both ovarian and breast cancer, but also inspired women from all over the country to come together to celebrate women. The Youth Department hopes to continue to participate in future all girls events and help cultivate strong young women leaders in our community.

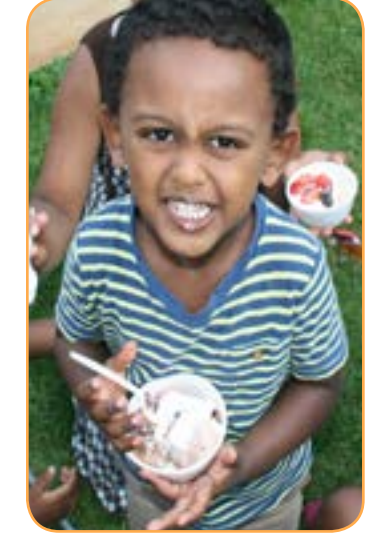
## Dirty Girl Mud Run

RTH supports Breast and Ovarian Cancer Awareness

May Vaughn

## RTH Community Center Opening Soon!

### ICE CREAM SOCIAL



RTH and Trinity Management hosted the annual Ice Cream Social on the Levinson Plaza. where residents created their own ice cream sundaes, chose a cookie from the Cookie Monster and enjoyed a delicious fresh fruit cup while listening to the smooth jazz sounds from the Roxbury Jazz Collaborative featuring Fulani Hayes.

# RTH YOUTH COUNCIL RISES TO THE CHALLENGE!

Jen Lewis

The RTH Youth Council is a group of young RTH residents who volunteer to evaluate the programming for youth and makes recommendations for improved services and programs for teens in the neighborhood. The group gathers weekly throughout the school year to meet, provide voice for youth in the community, and to engage in community service.

This year's highlights include a Holiday Canned Food Drive and Potluck dinner, Valentines for Veterans, and community service projects with the Boston Food Bank, Muddy River Clean-Up and Food Project, as well as Climb America. In addition, the Youth Council hosted several events for youth in RTH, such as the Youth Christmas Party, Improv Night, and Summertime Kick-off. Three of our Youth Council members Malcolm Osazuwa, Isaac Rivera, and Jessica Fok, won awards at the Mission Hill Youth Collaborative's Showcase of the Stars on June 5th. You also may have seen some of our Youth Council members at RTH Community meetings and working community events.

The Youth Council will be accepting new members in September 2014. If you are a young person between the ages of 13 and 19, are interested in learning how things work at RTH, and how to be a strong advocate for RTH youth, please contact Jen Lewis or Yazmine Navarro in the Teen Center at 617-232-0400.

## RTH AT WAKEFIELD ESTATES

Roxanne Haecker



RTH Summer Enrichment Program students and staff enjoyed outdoor activities and learning about the life cycles of plants and animals, tree identification, nature journaling, and working together as a group on their visit to the Wakefield Estates this summer.

The trip was sponsored by the Elliot School of Fine and Applied Arts, which teaches fabric arts and wood-working classes in the RTH Summer Enrichment and After School Programs.



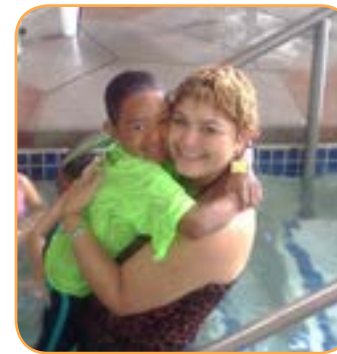
## SCHOLARSHIP RECIPIENTS

The Scholarship Committee has awarded over \$375,000 since 2006. Many thanks to our committee members who volunteer their time to interview and select recipients: John (Jack) Anderson (RTH), Roxanne Haecker (RTH), Li Fu Yu (RTH), and John McGonagle (BWH).

Emily Chen	College of Holy Cross
Veronica Cruz	Bunker Hill Community College
Natalie Diaz	Northeastern University
Jawanna Freeman	Roxbury Community College
Mai Hau	Boston University
Michelle Li	Harvard University
Trizia Mallari	UMASS Boston
Jessica Martin	Wheelock College
Caprice Mitchell-Scott	Wheelock College
Emily Rose Navarro	Lesley College
Yazmine Navarro	Wheelock College
Phi Ngo	Northeastern University
Tony Ngo	UMASS Boston
Christina Ortiz	MA College of Liberal Arts
Antoinette Rivera	Northeastern University
Jasmine Tejada	UMASS Amherst
Jenny Trieu	Suffolk University
Jaime Vega	Empire Beauty School
Kenneth Wen	MCPHS
Allen Wong	UMASS Boston
Wendy Wong	UMASS Boston
Ruo Yu	Suffolk University
Jessica Yuen	UMASS Lowell

## RTH AT COCO KEYS

Stephanie Ellis



Parent Volunteer: Judith Cruz and Juel Depina

During the Summer Enrichment Program, the RTH children went on an exciting field trip to CoCo Keys Water Resort in Danvers Massachusetts. They had lots of fun swimming and exploring water activities. We had a mom who came and helped volunteer on this fun filled day.

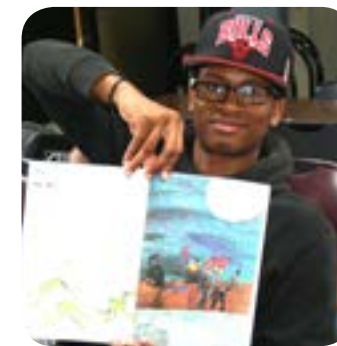


Left from right Tara Powell, Canina Wang, Zeline Reyes, Wayland Sum

## SUMMER READING PROGRAM

Jen Lewis

This summer, the youth department hosted 26 teenage workers in paid positions in the Summer Enrichment Program, Library/Computer Center, Summer Foods Program, Pool, Executive Office, Property Management Office, Senior Department, Youth Department and Facilities. Of those youth, 5 are residents of RTH. Our Youth Department assistant, Jahlik Bailey Myers, worked on several projects over the summer, including Lunch-



time Reading for the Summer Enrichment Program. Every day we would pick a few books and read aloud to 10-40 kids for 30 minutes in the Parks Community Room. At first, some kids would complain "I don't want to read!", and we would explain that they didn't have to read, just listen! By the end of the summer, when we

## ART RECEPTION

Laura Adams



Jack Osgood

On April 22<sup>nd</sup>, there was a great community turnout for RTH resident, Jack Osgood's art reception, "BOSTON VERNACULAR". His color photographs depicted scenes of everyday life in Boston. He believes "the city is a maelstrom of movement and it is his job to record it."

He has been interested in photography pretty much all his life. His interest is simply to capture the moment. His camera, a point-and shoot Olympus, is always on hand. Because it's film and not digital; he is very selective. These days he looks at a scene and asks "what will I do with it?" That is "who else may be interested in seeing this particular image? Without these screens, he would be taking pictures every minute. We are so fortunate to have so many talented residents among us.

Residents were fascinated with Jack's work, and were pleasantly surprised when he offered them to people in the audience. The RTH Community would like to thank Jack for sharing his work with us.

The Flynn Gallery is located in the Flynn Dining Room, 1<sup>st</sup> floor of the Flynn Building. If you are an artist, and would like to have a showing in the Flynn Gallery, please call Marie-Claire Dumornay at (617) 232-0400.

announced that it was time to read, many kids would pull up their chairs around Jahlik and jostle for the best spot to see the pictures. We would get suggestions at the end for which book to read next. Our Lunchtime Reading Project was an unexpected success!



Carol Menton and Christian Lopez enjoyed the Jazz Music on the Plaza concert

## TECH GOES HOME

Beverly Moss



Carmen Torres

The Tech Goes Home program is designed to ensure that people are equipped with the tools, training, and access to support 21st century skill development.

The classes provide opportunities for residents to connect to schools, community programs and assets, government agencies, and each other. It offers residents the ability to improve their quality of life as new members of the online community.

Students are required to complete 15 hours of computer classes to be eligible to purchase a brand new Chrome Book for \$50.00.

Congratulations to Francisco Arias, Danielle Cunningham, Alan Lane, Belkin Pena, Darlene Sherrod, and Carmen Torres. They were all excited about receiving the new computers and enjoyed taking the classes.

We will offer this class again in October. If you are interested, sign-up today - space is limited.

For more information about other free computer classes call 617-738-8220.

## ART CONTEST WINNER

Jeannette Mourino, Trinity Mgt.

I am happy to announce that Ms. Marilyn Casey is a New England Affordable Housing Management Association (NEAHMA) poster contest winner this year! For 28 years, the "Drug Free Kids" Art/Calendar Contest has been designed to involve children, youth and elderly/disabled residents in an effort to educate the nation's youth on the dangers of substance abuse. With the support of the U.S. Department of Housing and Urban Development and Rural Housing Services, the scope of the competition has increased dramatically. The art/calendar contest is an activity that not only helps ensure the health and well-being of our youth, but it also goes a long way toward maintaining a positive public perception of our property and community. This year's theme was "Join the Dance of Life: Celebrate Music, Arts, and Crafts." Entries were judged on the artist's ability to create a submission with the contest theme. Specifically, judges considered:

- ▶ interpretation of the theme, originality of the submission
- ▶ originality of the submission
- ▶ if the art submission was appealing to the eye
- ▶ did the artwork submission demonstrate a degree of creativity and skill for its group
- ▶ can the artwork be reproduced with reasonable quality and clarity.

Ms. Casey worked along with other seniors, the RTH Arts and Crafts instructor, Ms. Robin McDonald, Mrs. Theresa Park and Ms. Laura Adams on getting her poster entry submitted. We are so very proud of her and her third

## Did you know...?

- ▶ **Want to quit smoking?** MassHealth covers it now. To learn more about the new MassHealth benefit, call MassHealth Customer Service at 1-800-841-2900
- ▶ **Coronary heart disease** is the #1 killer of women in America
- ▶ **43 million women in America** are living with heart disease
- ▶ **2 out of 3 people with diabetes** die from heart attack or stroke
- ▶ **Consuming a variety of nutrient-rich foods** gives your body the nutrition it needs every day to help protect against illness and reduce the risk of chronic disease
- ▶ **Achieving a healthy weight begins** with learning about good nutrition
- ▶ **Stroke is the third leading cause of death in the United States.** A stroke is the equivalent to a heart attack in the brain. For more information call 1-800-BWH-9999 or visit [www.brighamandwomens.org](http://www.brighamandwomens.org)

**"There's nothing more important than our good health - that's our principal capital asset."**

Arlen Specter

place award in the regional elderly/disabled category! I would like to thank all of the RTH residents who participated in this year's poster contest and a special thank you to Laura Adams for putting together all of the poster entries!

Ms. Casey, along with a small group of RTH residents, will attend this year's award ceremony on Tuesday, October 14, 2014, at the Four Points by Sheraton Hotel in Norwood, MA.

## GREATER BOSTON SENIOR BOWLING GAMES 2014

Laura Adams



Front row: Theresa Clune, Jacqueline Crenshaw, Stephen Clune, John Clune, Billy Sullivan, Christine Dwyer (Public Relations and Community Relations Director, N.E. Baptist Hospital)  
Back row: Ryan Egan, Francisco Claudio (not shown in picture: Yim Sin, Xiao Lin)

The Greater Boston Senior Games provides athletes aged 50 and over with the opportunity to participate in events that contribute to a positive physical, mental, social and emotional well-being, as well as reduce isolation and promote independence. This year 29 RTH residents participated in bowling. Greater Boston Senior Bowling was held on Tuesday, May 13<sup>th</sup> at Boston Bowl. Even though it is all for fun, RTH bowlers were ready for some heavy duty

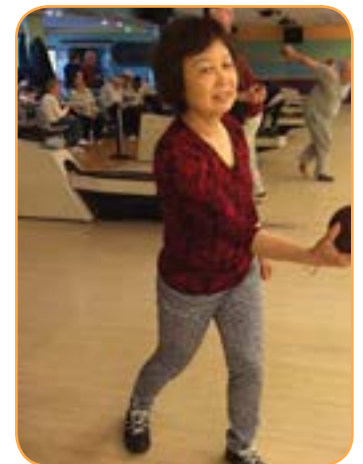
competition. For some of our residents, it was their first time bowling and they loved it.

After getting their team assignments and instructions from the staff from the City of Elderly Affairs, the seniors were off bowling, mingling and enjoying themselves. Mayor Martin Walsh stopped by to greet and speak with several of them.

Boston Bowl was humming with the sounds of pins falling, seniors laughing,

and everyone cheering each other on. After the bowling games were completed, medals were given out to the top three players in different categories. RTH came home with 9 medals! The RTH seniors were full of pride. Not only did they have a great morning, they were bringing medals home to RTH.

"These medals are for everyone, not just me. I am so happy to be a resident at RTH. We all enjoyed participating in today's activities. We want to continue



Yim Sin Chau

bowling. Today was the first time several of the residents bowled, with practice, we will all do better", said Stella Wang, one of the bowlers

"It is wonderful for RTH seniors to join in the programs that the City of Boston offers. Please continue to look at your Senior Calendars and to read the flyers for additional senior happenings", said Laura Adams, Senior Program Coordinator. "Thank you to all the RTH participants who bowled this year."



## COOKING MATTERS FOR FAMILIES



Cooking Matters for Families teaches school-age children (ages 6 to 12) and their parents about healthy eating as a family and the importance of working together to plan and prepare healthy meals on a budget. Each Cooking Matters Signature Course teach kids and parents important lessons about self-sufficiency in the kitchen. Participants practice fundamental lessons including knife skills, reading ingredient labels, cutting up a whole chicken, and making a healthy meal for a family of four on a \$10 budget. Adults and teens take home a bag of groceries after each class so they can practice the recipes taught that day.

Watch for more cooking classes for all ages

## HEART HEALTHY LIVING

Roxanne Haecker, Director of Program Development



The second class of Heart Healthy Living celebrates the successful completion of an intensive 6-week nutrition and physical activity intervention for women. Participants engaged in weigh-ins, group discussions, interactive activities, CPR, information sessions, individual coaching, and exercise programs. Classes were facilitated by BWH Cardiovascular Wellness, Nurse Practitioner, Aileen Sauris, NP.



## END OF THE YEAR POOL PARTY CELEBRATION

Volunteers

Darlene Sherrod, Cherie Milton, Danyelle Cunningham, Carol Menton, Sarah Harris, Beverly Moss

## RTH MATCH SAVINGS CLUB IS COMING

Do you want to buy your own home?

Our Homeownership University classes and RTH financial assistance can help make dreams come true.

Monthly contributions you make towards your home down payment will be matched by RTH.

This is a follow up to the homebuyer classes, but is open to both graduates of the first class and those who will be taking the class here at RTH.

Learn how the program works and how to join the club.

For more information or to sign-up call Roxanne Haecker at 617-232-9222.

## MUSIC LENDING LIBRARY



Seth Turk will be a freshman at the Carroll School C9 program this fall. He started this music project about a year ago for his Bar Mitzvah project. He asked people going to his Bar Mitzvah for donations of CD's that he could use to start a music lending library. He chose the Library/Computer Center at RTH as the recipient for the project because his family has a history with the community and his sister worked on the library after the fire truck incident. "I think from spending time with the staff at RTH I've seen how great a community this is for all the residents. I really hope that you will enjoy all the music."

## RUTH CHAVIS

Cherie Milton

Ruth Chavis lived to be 102 years young, she spent most those years as an evangelist and thanked God for each and every day she had. Ruth Chavis told me to always believe in myself, eat a banana and toast for breakfast and be good to the elderly and children. Ms. Chavis found peace through her religious beliefs and leaders. She talked to her pastor about her situa-

[www.roxburytenants.org](http://www.roxburytenants.org)



Ruth Chavis and Cherie Milton

tion and looked for words of comfort and hope. She felt like she was less alone in the world and that her path was laid out for her. she always read religious scriptures and prayed. She told me that she was as peace with herself and did not worry about life because she knew she was in good hands.

## BRIGHAM AND WOMEN'S SUMMER SCIENCE ACADEMY



Kaman Hau, Hao Bin Chen, Serena Fok

The Summer Science Academy (SSA) is an educational and health careers exploration program for graduating 8th graders. Students entering the 9th grade are recruited from six community sites within Boston and are on-boarded as Brigham & Women's Hospital paid employees. The application process is competitive, but the program is a great opportunity for young people and provides a pathway to other youth educational and employment programs run by BWH's Center for Community Health & Health Equity such as BWH's high school and college programs and 4-year college scholarships.

## BENEFIT PERFORMANCE FOR ASIAN WOMEN'S CANCER ORGANIZATION



Front Row: Baoying Chen, Ming Feng Kong, Yaping Chen, Xiaowan Liu  
Back Row: Ying Yu Zhu, Linv Zhang, Yuzhen Chen, Quichan Chen, Lisa Lei Feng Yu Law, Denghui Deng

The RTH Phoenix Towards the Sun singing and dancing group performed at a benefit for the Asian Women's Cancer Organization to raise funds at the Boston Medical Center.

## PHOTOGRAPHY AT ITS BEST



Frederick G.S. Clow

Frederick G.S. Clow has been a resident of RTH since 2005. He is a self-taught free-lance news media photographer and a contributor for the Mission Hill Gazette. He is obsessed with all things photography.



Super Moon

The Super Moon taken August 9, 2014 at 9:02 p.m. using a hand-held Sony SLR camera with a 70-200mm lens without a tripod!

## NEW LAUNDRY MACHINES UPDATE

Madeline Stein, Mission Park Facilities

We expect all installations to be completed by the first or second week of October.

Add Value Machines will be installed shortly in the Duggan & Neville Lobbies.

### Hints for Add Value Machines

- ▶ Do not force card in the slot. If you have to force it, you are not doing it correctly, remove it and try again
- ▶ Follow the directions on the display. It will tell you what to do

Signs in several languages for machine instructions and for the add value machine are on their way.



The Ice Cream Social was a big hit!

[www.roxburytenants.org](http://www.roxburytenants.org)

# EATING HEART HEALTHY SEAFOOD

Does heart healthy eating mean boring or tasteless? Ask the first class of Eating Heart Healthy, a four week series of cooking demonstrations held in the Flynn Kitchen this June. Award winning executive chef, Kelly Armetta, of the Hyatt Regency Boston, accepted the challenge to create low cost, easy to prepare, mouthwatering recipes featuring seafood rich in Omega-3's and low in sodium and saturated fats. Chef Armetta wowed the class with parmesan crusted pollock, crab salad, mussels in a delicate garlic broth, salmon cakes, mackerel in mustard sauce, cumin scented salmon, and side dishes such as cayenne toasted walnuts, black beans and sautéed mixed peppers, and other lovely accompaniments.

Many thanks to Roxanne Haecker for recruiting a great first class; BWH Nurse Practitioner Aileen Sauris for helping the class members learn more about being heart healthy; Seafood Nutrition Partnership for securing the amazing Chef Kelly Armetta and providing the ingredients used in the classes and take-home kits; Chris Edelman of Stavis Seafoods who provided the fresh seafood; sous chef extraordinaire, Dorothy Hurley; tireless documenter of all things RTH photographer Beverly Moss; the twelve committed class members of Team Lobster, Team Pisces, and the Sexy Seafood Divas who made this series so much fun - you rock!

*This program was made possible through collaboration with Roxbury Tenants of Harvard, Brigham & Women's Hospital, and the Seafood Nutrition Partnership.*

### What can you do?

You can prevent cardiovascular disease by knowing your blood pressure and keeping it under control, quitting smoking if you are a smoker, starting an exercise program to maintain a healthy weight and improve your overall health, and by eating a well-balanced diet.



Front: Roxanne Haecker (Director of Program Development), Chris Edelman, (Stavis Seafoods), Aileen Sauris (BWH Nurse Practitioner), Kelly Armetta (Executive Chef, Hyatt Regency Boston), Karen Gately, (RTH Executive Director), Dr. JoAnne Foody (Medical Director, BWH Pollin Cardiovascular Wellness Center)

Dr. JoAnne Foody and Karen Gately stopped by for a bite and some pointers.



Front Row: Helen Hui, Xing Yuan Zhou, Chef Kelly Armetta, Michelle Yarde, Yan Hua Zhu, Annie Fok  
Middle Row: Ingrid Diane Rodriguez, Dorothy Hurley, May Vaughn  
Back Row: Jacqueline Crenshaw, Jacquie Boston, Marcia Thomas, Laura Adams, Ramona Hurley (missing from photo: Elaine Adams)

## THANK YOU TO ALL OUR STAFF AND VOLUNTEERS 2014 APPRECIATION POOL PARTY



## RTH DIVAS!



### Translation

Cantonese - Russian  
Spanish

Tuesdays 9 a.m. - 11 a.m.  
Flynn Kitchen  
805 Huntington Avenue  
For more information  
call 617-232-0204

### Bingo

Join your neighbors every  
Tuesday & Thursday at  
2 p.m.  
7th floor Flynn House  
805 Huntington Avenue  
For more information  
call 617-734-2334

### Taxi Coupons

On sale on the 1st  
Tuesday of every month  
(10:30 a.m.)  
Purchase \$10 worth of  
tickets for \$5.00  
For more information  
call Theresa Parks at  
617-734-2334 or Laura  
Adams at 617-566-4025

### Lunch for \$1.00

Enjoy lunch at the  
Brigham & Women's  
Cafeteria on the 1st Sun-  
day of each month. Each  
coupon is worth \$7.00.  
Coupons are available the  
last week of the preced-  
ing month. Call Theresa  
Parks at 617-734-2334 or  
Laura Adams at 617-566-  
4025

One ticket per Senior  
per month





*Jazz Music on the Plaza makes me smile*

## MISSION HILL CUBS



*Front row: Ta'Kerria Sherrod-Greene, Janeysla Sanchez, Taylor Thomas  
Back row: Jayleen Ferrer, Unique Vasquez, Jeremy Mattias, Armani Ferrer*

Special thanks to coach Brett Kelly and Kemuel Moica. This team is co-sponsored by RTH and Sociedad Latina.

### HANDY TELEPHONE NUMBERS

After School Program	617-232-9222
Community Building	617-232-0400
Community Events	617-566-4025
Facilities Department	617-566-1534
Flynn Kitchen	617-739-7433
Flynn 7th Floor	617-734-2334
Library/Computer Center	617-738-8220
Mission Park Garage	617-732-6334
ONRA Management	617-232-1399
Resident Services	617-232-0204
RTH Executive Office	617-232-4306
S-C/Wingate Management	617-232-5910
Security	617-731-6972
Trinity Management	617-566-0707
Youth Department	617-232-0400

[www.roxburytenants.org](http://www.roxburytenants.org)

If you see Something.....

Say Something.....

Report It!

Anonymous Tip Line

617-232-0436



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Donghui 'Sophia' Deng

Rebecca Hill

Zhen Bao Lin

Kyle Wu

Li Fu Yu



### Health and Safety Meetings

Held on the 2<sup>nd</sup> Wednesday of every month at 6:30 p.m.

**Parks Community Building**  
2 New Whitney Street

The next two meetings are

**October 15, 2014**  
**November 12, 2014**

All residents are encouraged to attend

Do you have an idea or suggestion for an article for the newsletter? Contact Beverly Moss at [bmoss@roxburytenants.org](mailto:bmoss@roxburytenants.org) or call 617-738-8220

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