



*BWH Health Equity Grant Program
2016 Grantees*

Community Psychological Wellness and Well-Being

Awards were given to five organizations to support the development and implementation of impactful community-based models that do one or more of the following:

- Build strong and enduring support networks that enable community members to work collectively and individually to build the conditions of community mental wellness (mutual support, community connection, collective effort on pervasive stressors)
- Implement, or further develop, culturally and linguistically responsive models to engage community members and assist them to reduce and manage stress and maximize psychological well-being.

Grantees	Project Plan Summary
Mattapan Food and Fitness Coalition (MFFC)	<u>Our Edgewater Drive</u> project will engage young people in Mattapan as leaders in multigenerational community building efforts that will include community art, increasing opportunities for physical activity and enhancing social and trauma support.
MissionSAFE	<u>Futures Junior</u> will outreach to and work with youth ages 14-19 at risk of violence. In collaboration with other organizations, the program will provide activities aimed at restorative justice, and building resilience among youth.
Mothers for Justice and Equality	<u>Second Chance for Incarcerated Young Mothers'</u> program is designed to help young mothers who are incarcerated, prepare for release with personal leadership training, financial literacy and parenting supports with mentoring that continues post-release when they are back in the community with their families and children.
Span, Incorporated	<u>Transitional Wellness Program</u> will provide an evidence based model of case management support to incarcerated individuals prior to and following their release, to enhance their physical and behavioral health, as well as socioeconomic stability.
St. Stephen's Youth Programs	<u>Social and Emotional Support (SES) for Young People in Out-of-school time Programs</u> partners with Trinity Boston Counseling Center to provide social and emotional support for program participants, families and staff. Participants are provided with individual, group and family therapy and staff members are provided with individual support and clinical training on a variety of mental health topics.

Strengthen Employment and Job Skills Development Opportunities for Community Residents

Five health equity grants were given to organizations with projects focused on strengthening employment and job skills development opportunities for community residents. Grantees in this area have proposed projects that do one or more of the following:

- Advance partnership approaches with training and job development organizations to increase participation and success for residents in priority communities, particularly those with high rates of unemployment/underemployment.
- Build relationships with employers or intermediary organizations to maximize alignment between employers' workforce needs and employment opportunities for local residents, and design and implement strategies to enable increased job training, mentoring, and employment opportunities for community residents

Grantees	Project Plan Summary
College Bound Dorchester	<u>College Connections</u> is designed to prepare highly disengaged and proven at-risk students with the skills and support networks needed to succeed. It provides HiSet preparation and ESOL, remedial coursework instruction/transition coaching and on-going college support until degree completion.
The HEART Consortium	The HEART (Health Education Action Research and Technology) Home Health Aide <u>Support Program</u> is designed to provide home health aide training for entry level employment in the healthcare sector, promote networking among home health aides to reduce isolation inherent in their work and to expand opportunities for job growth and career development.
Sociedad Latina	<u>Sociedad Latina's Workforce Development Pathways</u> program supports young people ages 14-21 from Boston's low-income Latino and Mission Hill/Roxbury communities providing them with skill building and exploration, sector-specific training, internship placements, mentoring and academic case management.
Urban League of Eastern Massachusetts	The <u>Mature Workers SKILLS Program</u> will provide job training and skills development to individuals 45 years and above to support their reentry to the workforce or stay employed in viable jobs, thus allowing them to gain and maintain their financial independence.
Unitarian Universalist Urban Ministry	<u>Believe in Success</u> job readiness program offers trauma survivors a healing and nurturing environment in which to develop life navigational skills that enable survivors to succeed in next step skills training, entry level work or secondary education.

Addressing Health Inequity Issues with a Racial Equity ‘Lens’

Four awards were given to organizations working on health related issues impacting the community and designed and implement a community-based strategy to work with those most impacted to identify collective solutions and strengthen their control over the factors that affect their health.

Grantees	Project Plan Summary
All Dorchester Sports League	Expansion of the <u>Fit Kitchen</u> program will enable parents and guardians to participate in multilingual interactive healthy cooking demonstrations and nutrition education. Local elected officials will be invited to participate as ‘celebrity chefs’.
Alternative for Community and Environment	Support for efforts to engaging community members in the Dudley Square neighborhood on the issue of the health and social impacts of residential displacement and work to strengthen resident involvement in local planning processes and inform policy development for community stabilization.
Baraka Community Wellness	<u>Healthy Families Healthy Community JP</u> project that will provide fitness classes, nutrition and parent nurturing education, housing advocacy and enhanced food access for low income residents of local public housing developments as well as develop a team of peer health ‘ambassadors’ to support participants in their health choices.
United South End Settlements	<u>Senior Services’ Health and Wellness</u> program will provide holistic wellness and healthy life styles support to low income seniors to enable them to attain optimum health and enhanced social engagement.