

# Facts *about* Ebola in the U.S.

You can't get Ebola  
through air



You can't get Ebola  
through water



You can't get Ebola  
through food



You can only get Ebola from:

- Touching the blood or body fluids of a person who is sick with or has died from Ebola.
- Touching contaminated objects, like needles.
- Touching infected animals, their blood or other body fluids, or their meat.



[www.mass.gov/ebola](http://www.mass.gov/ebola)